



Seniors in Arts Erasmus+ Project Blended Mobility for Seniors

NEWSLETTER 4

Blended Mobility of Seniors of the Seniors in Arts Project was held between 17-22 October 2022 in Athens, Greece. The host organisation of the mobility was Roes Cooperativa Koin.S.EP (GR), as well as Seniors from Fundacia Pro Scientia (PL), Associacao Animam Viventem (PT), Buharkent Public Education Center (TR) and Sinergia Societa Cooperativa Sociale (IT) organisations also participated.

The main items of the mobility process:

- Connecting seniors from different countries and bring them closer to the art practices.
- Making new international contacts and know other cultures.
- Having introductory workshops, building the group.
- Music workshop activities. We had the opportunity to express and discover who we are while sharing our favourite songs.
- Dance workshop activities. We discovered ourselves through the sounds, motions, and dance.
- Theatre Workshop activities. During the theoretical part, seniors learned how to make a play and put themselves into the roles.
- Creative Writing activities. Participants of the "Seniors in Arts" program discovered that despite different cultures we know many of the same poetry.
- Music and dance presentations.

On the last day of the mobility, activities had every day was evaluated and finalized.



The last Transnational meeting of our Project will be held in Buharkent, Aydın, Turkiye on 3rd of February with the participation of the partner organisations.